

Calumet College



of Saint Joseph

You Belong!
ccsj.edu

Calumet College of St. Joseph is a Catholic institution of higher learning dedicated to the academic, spiritual and ethical development of undergraduate and graduate students. Informed by the values of its founding religious community, the Missionaries of the Precious Blood (C.P.P.S.), the College promotes the inherent dignity of all people, social justice, an ethic of service, student empowerment, opportunity, and lifelong learning.

COURSE SYLLABUS, Fall 2018

Course: **HSV 305 Theoretical Bases of Counseling**

Instructor Information:	
Instructor Name	LaConyeya Pitts-Thomas, MSW LCSW
Office Number:	
Phone Number:	219 688 6538
Email:	lthomas2@ccsj.edu
Office Hours:	Tuesday by appointment
Instructor Background: BS Management 1998 and BA Psychology 1999 Calumet College of St. Joseph MSW 2003 Indiana University Northwest. Field Instructor for IUN School of Social Work.	
Previous social work experience providing psychotherapy at Genoa Services for residents at Miller Beach Terrace, Indiana Juvenile Justice Task Force for children adjudicated for delinquency in Lake County, Human Beginnings and Family Case Manager for Department of Child Services. Field Instructor for IUN School of Social Work.	
Currently, Clinical Service Specialist for Lake County Department of Child Services since 2014.	

Course Information:	
Course Time:	7:45pm – 9:45pm
Classroom:	208
Prerequisites:	
Required Books and Materials:	Corey, Gerald: Theory and Practice of Counseling and Psychotherapy, Tenth Edition Corey, Gerald: Student Manual for Theory and Practice of Counseling and Psychotherapy
Learning Outcomes/ Competencies: Students in this course will:	
<ul style="list-style-type: none">The purpose of the course is to expose students to a variety of contrasting theoretical models underlying both individual and group practice in counseling	

This course meets the following learning objectives for the Human Services:

- To provide the student with information about the therapeutic process and the practical elements of the counseling interaction
- To expose you to a variety of ethical and professional issues in counseling and to guide you in developing a position on these issues
- To develop self-evaluation skills,, writing skills, and critical thinking skills
- To encourage your integration of theoretical and experiential learning in order to form your own personal model of the counseling process
- To challenge you to look at your own qualities that support and hinder your attempts at being therapeutic for others
- To gain an understanding of ways of applying 11 theories to specific cases

The course also meets the following General Education Program objectives:

- To reflect on what it means to be a social being
- To understand the role that cultural diversity plays in defining what it means to be a social being: the past and present processes of cultural differentiation in our own society or elsewhere
- To understand what makes a social science different from other disciplines
- To understand major concepts, methods, theories and theorist in one or more of the social sciences
- To apply methods, perspectives and concepts to everyday “real life” situations
- To analyze and evaluate critically social science concepts and theories as applied to particular problems and themes

<For EWPC 103, 150, and 204; ORMN 421; and PSM 325> This course meets Calumet College of St. Joseph’s Signature Assignment requirement to demonstrate fundamental competency in written and/or oral communications.

Course Description: This course surveys theoretical foundations of major contemporary approaches to counseling and psychotherapy. Students will learn the basic ideas and concepts of nine essential orientations to helping people.

Learning Strategies:

- This course is intended to be primarily a discussion course, not a lecture course. In order for it to be successful, all students should be prepared to make an active contribution to our group discussions, through critical reflection on the readings and other course topics. Participation will count for 20% of the final grade and simple attendance will not be sufficient for a passing grade on your participation score.
- It is of the utmost importance that our class be a safe space in which each student feels supported and valued. To this end, we will work as a group in our first session to identify our class ground rules. It is expected that all member of the class will conduct themselves in a way that reflects the values of the social work profession. We will respect differences of opinion, listen to ideas and views of others, embrace diversity and the knowledge and skills we gain in doing so, and be able to understand and appreciate different points of view. I expect each of you to challenge yourselves, participate in class even when you are unsure of yourself, and ask questions of your classmates and me.

- I have a few specific requests that will help foster an engage and open classroom. Please refrain from using your handheld device for text messaging or other forms of communication while in class. Also, while note-taking is welcome, please do so with pen and paper. Laptop use is not permitted during class time, unless you have special accommodations with Disability services. If you need to have your cell phone on during class, please alert me ahead of time and keep it on silent.

Experiential Learning Opportunities: To provide students with an experiential laboratory to learn and practice listening and attending skills essential to the counseling process

Assessments:		
Major Assignments:	Role play	100 pts Prepare for an in-class role play of a simulated counseling session with a partner who will tell their story and be interviewed by another member of the class
Assessments: <quizzes, tests, and any others>	Pre/Post assessment of skills (2) 10pts Student Manual Chpt assignments (13) 30pts Complete course/instructor evaluation 10pts Chpt Summaries for Theories (11) 20pts Working with Antoine	As assigned As assigned View the film of “Antoine Fisher”. Determine which approach you would use in treatment (Psychoanalytical/Adlerian/Existential Therapy). Identify the barriers and advantages of the therapy you chose.
Class Participation:	Assignments turned in timely	
	1080 pts total	
Grading Scale:		
100% – 92%: A 89% – 88%: B+ 79% – 78%: C+ 69% – 68%: D+ 59% and below:	91% – 90%: A- 87% – 82%: B 77% – 72%: C 67% – 62%: D F	81% – 80%: B- 71% – 70%: C- 61% – 60%: D-

Course Schedule:

Week 1 Aug 28	<u>Introduction and Overview</u> Discuss course expectations, roles and responsibilities Review code of ethics for counseling/social work
Week 2 Sept 4	<u>Psychoanalytic Therapy</u> Reading assignment: TPCP text, Chapter 4 Theory in Practice: The Case of Stan (Session 1 & 2) Chapter summaries Typed (guideline Student Manual pg. 8)
Week 3 Sept 11	<u>Adlerian Therapy</u> Reading assignment: TPCP text, Chapter 5 Theory in Practice: The Case of Stan (Session 3) Chapter summaries Typed (guideline Student Manual pg. 8)
Week 4 Sept 18	<u>Existential Therapy</u> Reading assignment: TPCP text, Chapter 6 Student Manual, Chapter 6 Theory in Practice: The Case of Stan (Session 4) Chapter summaries Typed (guideline Student Manual pg. 8)
Week 5 Sept 25	Service Assessment and Theory Approach “Working with Antoine”
Week 6 Oct 2	<u>Person Centered Therapy</u> Reading assignment: TPCP text, Chapter 7 Student Manual, Chapter 7 Theory in Practice: The Case of Stan (Session 5) Chapter summaries Typed (guideline Student Manual pg. 8)
Week 7 Oct 9	<u>Gestalt Therapy</u> Reading assignment: TPCP text, Chapter 8 Student Manual, Chapter 8 Theory in Practice: The Case of Stan (Session 6) Chapter summaries Typed (guideline Student Manual pg. 8)
	Mid-Term (Chpt 4,5,6,7,8)
Week 8 Oct 16	<u>Behavior Therapy</u> Reading assignment: TPCP text, Chapter 9 Student Manual, Chapter 9 Theory in Practice: The Case of Stan (Session 7) Chapter summaries Typed (guideline Student Manual pg. 8)

Week 9 Oct 23	<u>Cognitive Behavior Therapy</u> Reading assignment: TPCP text, Chapter 10 Student Manual, Chapter 10 Theory in Practice: The Case of Stan (Session 8) Chapter summaries Typed (guideline Student Manual pg. 8)
Week 10 Oct 30	<u>Choice Theory/Reality Therapy</u> Reading assignment: TPCP text, Chapter 11 Student Manual, Chapter 11 Theory in Practice: The Case of Stan (Session 9) Chapter summaries Typed (guideline Student Manual pg. 8)
Week 11 Nov 6	<u>Feminist Therapy and Post Modern Approaches</u> Reading assignment: TPCP text, Chapter 12 & 13 Student Manual, Chapter 12 & 13 Theory in Practice: The Case of Stan (Session 10, 11 and 12) Chapter summaries Typed (guideline Student Manual pg. 8)
Week 12 Nov 13	<u>Family System Therapy</u> Reading assignment: TPCP text, Chapter 14 Student Manual, Chapter 14 Chapter summaries Typed (guideline Student Manual pg. 8)
Week 13 Nov 27	<u>An Integrative Perspective</u> Reading assignment: TPCP text, Chapter 15 Student Manual, Chapter 15 Theory in Practice: The Case of Stan (Session 13) Chapter summaries Typed (guideline Student Manual pg. 8)
Week 14 Dec 4	<u>Basic Issues in Counseling Therapy/The Person and Professional</u> Reading assignment: TPCP text, Chapter 1 and 2 Student Manual, Chapter 1 and 2 Chapter summaries Typed (guideline Student Manual pg. 8) Test (Chpt 9, 10, 11, 12, 13, 14, 15)
Week 15 Dec 11	Role Play

I reserve the right to change this schedule to meet the needs of the class.

Responsibilities	
Attending Class	You cannot succeed in this class if you do not attend. We believe that intellectual growth and success in higher education occur through interaction in the classroom and laboratories. Being absent doesn't excuse you from doing class work; you have more responsibilities to keep up and meet the objectives of this course.
Turning In Your Work	You cannot succeed in this class if you do not turn in all your work when due. Any assignment turned after the end of the scheduled class date in which it is due will be docked 25% of points worth. No assignment is accepted after 7 calendar days.
CCSJ Student Honor Code	This course asks students to reaffirm the CCSJ Student Honor Code: I, as a student member of the Calumet College academic community, in accordance with the college's mission and in a spirit of mutual respect, pledge to: <ul style="list-style-type: none"> • Continuously embrace honesty and curiosity in the pursuit of my educational goals; • Avoid all behaviors that could impede or distract from the academic progress of myself or other members of my community; • Do my own work with integrity at all times, in accordance with syllabi, and without giving or receiving inappropriate aid; • Do my utmost to act with commitment, inside and outside of class, to the goals and mission of Calumet College of St. Joseph.
Using Electronic Devices	Electronic devices can only be used in class for course-related purposes. If you text or access the Internet for other purposes, you may be asked to leave, in which case you will be marked absent.
Participating in Class	You must be on time, stay for the whole class and speak up in a way that shows you have done the assigned reading. If you are not prepared for class, you may be asked to leave, in which case you will be marked absent.
Doing Your Own Work	If you turn in work that is not your own, you will be subject to judicial review by the Faculty-Student Grievance Committee. These procedures can be found in the Student Planner. The maximum penalty for any form of academic dishonesty is dismissal from the College. Using standard citation guidelines to document sources avoids plagiarism. You'll find guides to the major citation methods at the CCSJ Specker Library Web page at http://www.ccsj.edu/library/subjectsplus/subjects/guide.php?subject=cite PLEASE NOTE: All papers may be electronically checked for plagiarism.
Sharing Your Class Experience	At the end of the term, you will have the opportunity to evaluate your classroom experience. These confidential surveys are essential to our ongoing efforts to ensure that you have a great experience that leaves you well prepared for your future. Take the time to complete your course evaluations – we value your feedback!
Withdrawing from Class	After the last day established for class changes has passed (see the College calendar in the CCSJ Course Catalog), you may withdraw from a course by following the policy outlined in the Course Catalog.

Resources

<p>CCSJ Book Rental Program</p>	<p>The CCSJ Book Program ensures that everyone has the right course materials on the first day of class to be successful. You pay a book rental fee each semester, and in return, receive all the materials for all your classes prior to the beginning of classes. At the end of the semester, simply return the books. For traditional students, the Book Rental Program is conveniently located in the library, where students can pick up and return their books. For students in accelerated programs and graduate programs, books will be delivered to their homes and they can return them by mail. For more information, see http://www.ccsj.edu/bookstore. All books must be returned at the end of the semester or you will incur additional fees, which will be charged to your student account.</p>
<p>Student Success Center:</p>	<p>The Student Success Center provides faculty tutors at all levels to help you master specific subjects and develop effective learning skills. It is open to all students at no charge. You can contact the Student Success Center at 219 473-4287 or stop by the Library.</p>
<p>Disability Services:</p>	<p>Disability Services strives to meet the needs of all students by providing academic services in accordance with Americans with Disabilities Act (ADA) guidelines. If you believe that you need a “reasonable accommodation” because of a disability, contact the Disability Services Coordinator at 219-473-4349.</p>
<p>Student Assistance Program</p>	<p>Through a partnership with Crown Counseling, Calumet College of St. Joseph provides a free Student Assistance Program (SAP) to current students. The SAP is a confidential counseling service provided to students for personal and school concerns which may be interfering with academic performance and/or quality of life. The SAP counselor is available on campus once a week and off-site at the Crown Counseling offices in Crown Point or Hammond. For more information, contact Kerry Knowles SAP Counselor, at 219-663-6353 (office), 219-413-3702 (cell), or kerryk@crowncounseling.org.</p>
<p>CCSJ Alerts:</p>	<p>Calumet College of St. Joseph’s emergency communications system will tell you about emergencies, weather-related closings, or other incidents via text, email, or voice messages. Please sign up for this important service annually on the College’s website at: http://www.ccsj.edu/alerts/index.html.</p>