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*Calumet College of St. Joseph is a Catholic institution of higher learning dedicated to the academic, spiritual and ethical development of undergraduate and graduate students. Informed by the values of its founding religious community, the Missionaries of the Precious Blood (C.P.P.S.), the College promotes the inherent dignity of all people, social justice, an ethic of service, student empowerment, opportunity, and lifelong learning.*

**COURSE SYLLABUS, Fall 2018****Course: HSV 310 Clinical Counseling Practice**

<b>Instructor Information:</b>	
<b>Instructor Name</b>	LaConyeya Pitts-Thomas, MSW LCSW
<b>Office Number:</b>	
<b>Phone Number:</b>	219 688 6538
<b>Email:</b>	lthomas2@ccsj.edu
<b>Office Hours:</b>	Tuesday by appointment
<b>Instructor Background:</b> BS Management 1998 and BA Psychology 1999 Calumet College of St. Joseph MSW 2003 Indiana University Northwest. Field Instructor for IUN School of Social Work.	
Previous social work experience providing psychotherapy at Genoa Services for residents at Miller Beach Terrace, Indiana Juvenile Justice Task Force for children adjudicated for delinquency in Lake County, Human Beginnings and Family Case Manager for Department of Child Services. Field Instructor for IUN School of Social Work.	
Currently, Clinical Service Specialist for Lake County Department of Child Services since 2014.	

<b>Course Information:</b>	
<b>Course Time:</b>	7:45pm – 9:45pm
<b>Classroom:</b>	208
<b>Prerequisites:</b>	HSV 305 Theoretical Bases of Counseling
<b>Required Books and Materials:</b>	Professional Counseling: A Process Guide to Helping, 8/E Janine M. Bernard, Harold L. Hackney  40 Techniques Every Counselor Should Know 2/E Bradley T. Erford

**Learning Outcomes/ Competencies:**

- A four stage model that provides students with a roadmap for assessing client progress, helps students plan for interventions and encourages students to view counseling as an intentional process with an end in sight.
- Clear guidelines for assessing cases using four orientations-affective, cognitive, behavioral and systemic that help students apply what they have learned in counseling theory courses to the actual practice of counseling.
- The application of the four orientation for interventions to two popular therapy approaches, Dialectical Behavior Therapy and Motivational Interviewing

This course meets the following learning objectives for the Human Services:

- To provide the student with information about the therapeutic process and the practical elements of the counseling interaction
- To expose you to a variety of ethical and professional issues in counseling and to guide you in developing a position on these issues
- To develop self-evaluation skills,, writing skills, and critical thinking skills
- To encourage your integration of theoretical and experiential learning in order to form your own personal model of the counseling process
- To challenge you to look at your own qualities that support and hinder your attempts at being therapeutic for others
- To gain an understanding of ways of applying 11 theories to specific cases

The course also meets the following General Education Program objectives:

- To reflect on what it means to be a social being
- To understand the role that cultural diversity plays in defining what it means to be a social being: the past and present processes of cultural differentiation in our own society or elsewhere
- To understand what makes a social science different from other disciplines
- To understand major concepts, methods, theories and theorist in one or more of the social sciences
- To apply methods, perspectives and concepts to everyday “real life” situations
- To analyze and evaluate critically social science concepts and theories as applied to particular problems and themes

**<For EWPC 103, 150, and 204; ORMN 421; and PSM 325> This course meets Calumet College of St. Joseph’s Signature Assignment requirement to demonstrate fundamental competency in written and/or oral communications.**

**Course Description:** This course introduces students to a short-term problem solving model of counseling, instruction in each of the twelve core functions of the counselor and an overview of the eight counselor skill groups.

**Learning Strategies:**

- This course is intended to be primarily a discussion course, not a lecture course. In order for it to be successful, all students should be prepared to make an active contribution to our group discussions, through critical reflection on the readings and other course topics. Participation will count for 20% of the final grade and simple attendance will not be sufficient for a passing grade on your participation score.
- It is of the utmost importance that our class be a safe space in which each student feels supported and valued. To this end, we will work as a group in our first session to identify our class ground rules. It is expected that all member of the class will conduct themselves in a way that reflects the values of the social work profession. We will respect differences of opinion, listen to ideas and views of others, embrace diversity and the knowledge and skills we gain in doing so, and be able to understand and appreciate different points of view. I expect each of you to challenge yourselves, participate in class even when you are unsure of yourself, and ask questions of your classmates and me.
- I have a few specific requests that will help foster an engage and open classroom. Please refrain from using your handheld device for text messaging or other forms of communication while in class. Also, while note-taking is welcome, please do so with pen and paper. Laptom use is not permitted during class time, unless you have special accommodations with Disability services. If you need to have your cell phone on during class, please alert me ahead of time and keep it on silent.

**Experiential Learning Opportunities:** To provide students with an experiential laboratory to learn and practice listening and attending skills essential to the counseling process

**Assessments:**

<b>Assessments:</b>			
<b>Major Assignments:</b>	Role play	100pts	Prepare for an in-class role play of a simulated counseling session with a partner who will tell their story and be interviewed by another member of the class
	Working with Antoine	100pts	View the film, “ Antoine Fisher”. Complete Interview and assessment for Antoine. You can use the example on Appendix B-1 or the example provided. Illustrate the 4 Stages of Counseling Process (Chapter 3) observed in the film.
	Black Board Discussion	20 pts (10)	
<b>Assessments: &lt;quizzes, tests, and any others&gt;</b>	Weekly Professional Self Journal	20pts (10)	Document responses to specific questions related to self-awareness and reflection.
	Eval of Counselor Trainee Skills	100pts	Appendix B-11 (Role Play)
<b>Class Participation:</b>			

<b>Total</b>	700 pts	
<b>Grading Scale:</b>		
100% – 92%: A	91% – 90%: A-	
89% – 88%: B+	87% – 82%: B	81% – 80%: B-
79% – 78%: C+	77% – 72%: C	71% – 70%: C-
69% – 68%: D+	67% – 62%: D	61% – 60%: D-
59% and below:	F	

### **Course Schedule:**

Week 1 Aug 28	<u>Introduction and Overview</u> Discuss course expectations, roles and responsibilities
Week 2 Sept 4	<u>Conceptualizing Professional Counseling</u> Reading assignment: Professional Counseling text, Chapter 1
Week 3 Sept 11	<u>The Language of Counseling</u> Reading assignment: Professional Counseling text, Chapter 2 40 Techniques text, Chapter 1
Week 4 Sept 18	<u>The Essential Structure Counseling</u> Reading assignment: Professional Counseling text, Chapter 3 40 Techniques text, Chapter 2-5
Week 5 Sept 25	Service Assessment and Theory Approach “Working with Antoine”
Week 6 Oct 2	<u>Initiating and Maintaining a Working Relationship</u> Reading assignment: Professional Counseling text, Chapter 4 40 Techniques text, Chapter 6-10
Week 7 Oct 9	<u>Assessing Client Problems</u> Reading assignment: Professional Counseling text, Chapter 5 40 Techniques text, Chapter 11-13
Week 8 Oct 16	<u>Developing Counseling Goals</u> Reading assignment: Professional Counseling text, Chapter 6 40 Techniques text, Chapter 14-16
Week 9 Oct 23	<u>Defining Strategies and Selecting Interventions</u> Reading assignment: Professional Counseling text, Chapter 7 40 Techniques text, Chapter 17-20

Week 10 Oct 30	<u>Affective Interventions</u> Reading assignment: Professional Counseling text, Chapter 8 40 Techniques text, Chapter 21-29
Week 11 Nov 6	<u>Cognitive Interventions</u> Reading assignment: Professional Counseling text, Chapter 9 40 Techniques text, Chapter 21-29
Week 12 Nov 13	<u>Behavioral Interventions</u> Reading assignment: Professional Counseling text, Chapter 10 40 Techniques text, Chapter 31-32
Week 13 Nov 27	<u>Systemic Interventions</u> Reading assignment: Professional Counseling text, Chapter 11 40 Techniques text, Chapter 33-36
Week 14 Dec 4	<u>Termination and Evaluation</u> Reading assignment: Professional Counseling text, Chapter 12 40 Techniques text, Chapter 37-10
Week 15 Dec 11	<u>Integrative Practice Exercises</u> Role Play

**I reserve the right to change this schedule to meet the needs of the class.**

<b>Responsibilities</b>	
<b>Attending Class</b>	You cannot succeed in this class if you do not attend. We believe that intellectual growth and success in higher education occur through interaction in the classroom and laboratories. Being absent doesn't excuse you from doing class work; you have <b>more</b> responsibilities to keep up and meet the objectives of this course.
<b>Turning In Your Work</b>	You cannot succeed in this class if you do not turn in all your work when due. Any assignment turned after the end of the scheduled class date in which it is due will be docked 25% of points worth. No assignment is accepted after 7 calendar days.
<b>CCSJ Student Honor Code</b>	This course asks students to reaffirm the CCSJ Student Honor Code:  I, as a student member of the Calumet College academic community, in accordance with the college's mission and in a spirit of mutual respect, pledge to: <ul style="list-style-type: none"> <li>• Continuously embrace <b>honesty and curiosity</b> in the pursuit of my educational goals;</li> <li>• Avoid all behaviors that could impede or distract from the academic progress of myself or other members of my <b>community</b>;</li> <li>• Do my own work with <b>integrity</b> at all times, in accordance with syllabi, and without giving or receiving inappropriate aid;</li> </ul>

	<ul style="list-style-type: none"> <li>Do my utmost to act with commitment, inside and outside of class, to the goals and <b>mission</b> of Calumet College of St. Joseph.</li> </ul>
<b>Using Electronic Devices</b>	Electronic devices can only be used in class for course-related purposes. If you text or access the Internet for other purposes, you may be asked to leave, in which case you will be marked absent.
<b>Participating in Class</b>	You must be on time, stay for the whole class and speak up in a way that shows you have done the assigned reading. If you are not prepared for class, you may be asked to leave, in which case you will be marked absent.
<b>Doing Your Own Work</b>	<p>If you turn in work that is not your own, you will be subject to judicial review by the Faculty-Student Grievance Committee. These procedures can be found in the Student Planner. The maximum penalty for any form of academic dishonesty is dismissal from the College.</p> <p>Using standard citation guidelines to document sources avoids plagiarism. You'll find guides to the major citation methods at the CCSJ Specker Library Web page at <a href="http://www.ccsj.edu/library/subjectsplus/subjects/guide.php?subject=cite">http://www.ccsj.edu/library/subjectsplus/subjects/guide.php?subject=cite</a></p> <p><b>PLEASE NOTE:</b> All papers may be electronically checked for plagiarism.</p>
<b>Sharing Your Class Experience</b>	At the end of the term, you will have the opportunity to evaluate your classroom experience. These confidential surveys are <b>essential</b> to our ongoing efforts to ensure that you have a great experience that leaves you well prepared for your future. Take the time to complete your course evaluations – we value your feedback!
<b>Withdrawing from Class</b>	After the last day established for class changes has passed (see the College calendar in the CCSJ Course Catalog), you may withdraw from a course by following the policy outlined in the Course Catalog.

<b>Resources</b>	
<b>CCSJ Book Rental Program</b>	The CCSJ Book Program ensures that everyone has the right course materials on the first day of class to be successful. You pay a book rental fee each semester, and in return, receive all the materials for all your classes prior to the beginning of classes. At the end of the semester, simply return the books. For traditional students, the Book Rental Program is conveniently located in the library, where students can pick up and return their books. For students in accelerated programs and graduate programs, books will be delivered to their homes and they can return them by mail. For more information, see <a href="http://www.ccsj.edu/bookstore">http://www.ccsj.edu/bookstore</a> . <b>All books must be returned at the end of the semester or you will incur additional fees, which will be charged to your student account.</b>
<b>Student Success Center:</b>	The Student Success Center provides faculty tutors at all levels to help you master specific subjects and develop effective learning skills. It is open to all students at no charge. You can contact the Student Success Center at 219 473-4287 or stop by the Library.
<b>Disability Services:</b>	Disability Services strives to meet the needs of all students by providing academic services in accordance with Americans with Disabilities Act (ADA) guidelines. If you believe that you need a “reasonable accommodation” because of a disability, contact the Disability Services Coordinator at 219-473-4349.

<b>Student Assistance Program</b>	Through a partnership with <b>Crown Counseling</b> , Calumet College of St. Joseph provides a free Student Assistance Program (SAP) to current students. The SAP is a confidential counseling service provided to students for personal and school concerns which may be interfering with academic performance and/or quality of life. The SAP counselor is available on campus once a week and off-site at the Crown Counseling offices in Crown Point or Hammond. For more information, <b>contact Kerry Knowles SAP Counselor</b> , at 219-663-6353 (office), 219-413-3702 (cell), or <a href="mailto:kerryk@crowncounseling.org">kerryk@crowncounseling.org</a> .
<b>CCSJ Alerts:</b>	Calumet College of St. Joseph’s emergency communications system will tell you about emergencies, weather-related closings, or other incidents via text, email, or voice messages. Please sign up for this important service annually on the College’s website at: <a href="http://www.ccsj.edu/alerts/index.html">http://www.ccsj.edu/alerts/index.html</a> .