
Calumet College



of Saint Joseph

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Calumet College of St. Joseph is a Catholic institution of higher learning dedicated to the academic, spiritual and ethical development of undergraduate and graduate students. Informed by the values of its founding religious community, the Missionaries of the Precious Blood (C.P.P.S.), the College promotes the inherent dignity of all people, social justice, an ethic of service, student empowerment, opportunity, and lifelong learning.

COURSE SYLLABUS, Fall 2018-1**HSV 342 Counseling for Sexual and Domestic Violence**

Instructor Information:	
Instructor Name	<i>Vernita Brokemon, MSW</i>
Office Number:	<i>Office 531</i>
Phone Number:	<i>219-741-2035 (cell)</i> <i>(Text messages are welcome make sure you add your name on the text).</i>
Email:	<i>vbrokemon@ccsj.edu</i>
Hours Available:	<i>Office Hours Wednesday 2 hours after class.</i> <i>By phone after 4:30 p.m. Monday through Friday.</i>
Instructor Background: <i>MSW Indiana University Northwest</i> <i>BS Business Administration Indiana University</i>	

Course Information:	
Course Time:	<i>5:30 pm-7:30 pm (Wednesday)</i>
Classroom:	<i>208</i>
Prerequisites:	<i>Introduction to Human Services HSV100, Models and Methods HSV 220</i>
Required Books and Materials:	<i>Patricia A. Resick and Monica Schnicke</i> <i>Cognitive Processing Therapy for Rape Victims: A Treatment Manual (1st. ed) SAGE ISBN-13:978-0803949027</i> <i>Mari McCaig and Edward S. Kubany. Healing the Trauma of Domestic Violence: A Workbook for Women: New Harbinger Self-Help Workbook</i> <i>New Harbinger Publications; 1 edition (August 15, 2004)</i> <i>ISBN-10: 1572243694 ISBN-13:978-1572243699</i>

Learning Outcomes/ Competencies:

Students in this course students will

- Explore detailed, step-by-step information on how to record impressions and recommendations effectively
- Learn how to write brief social histories to produce clear, professional written communication.
- Apply knowledge to forms and letter writing to practice compiling information and sending information throughout the management of a case.
- Become familiar with the examples of contact notes as well as examples of cases and corresponding service plans in the appendix provided as important reference materials for students to examine in-depth.
- Gain knowledge in current practice trends and considerations, current legal issues, ethics and ethical issues.
- Examine the wide range of case management applications and information on the importance of the ecological model in assessment and planning.
- Gain a strong introduction to professional basics.
- Understand the basic information a person needs to handle case management tasks.
- Engage in exercises that create realistic situations and expose students to an extremely broad range of possible circumstances and difficulties in the field.
- Become familiar with the Recovery Model, including the use of self-determination methods and good peer support.

This course meets the following General Education objectives:

- Students will read simulated case analytically, to formulate a response and case plan for the clients.
- Students will use valid logic, and correct grammar, and punctuation for all written assignments.
- Students will be able to orally deliver a presentation of a simulated case and care plan with a clear central idea that is logically developed, supported by convincing evidence and valid reasoning, and expressed using language and delivery choices thoughtfully adapted to the audience.
- Students will be able to apply ethical standards to social issues and analyze their own core beliefs and the origin of these beliefs in the practice of case management responsibilities.

This course meets the following program objectives:

1. *Origins and Theoretical Orientations of the Helping Professions:* All students will be able to explain the origins of the human service profession, the value base of the profession and discuss issues that will affect its growth.
2. *Theories, Techniques of Human Service Social, and Clinical Interventions:* All students will be able to identify and critically evaluate the major theories and techniques of social and clinical intervention and their relevance to the helping profession.
3. *Basic Communication and Technology Literacy:* All students will demonstrate competencies in literacy and technical writing, methods of research and measurement, and computer literacy.
4. *Knowledge of and Respect for Cultural Diversity:* All students will demonstrate cultural sensitivity and multi-cultural awareness.
5. *Treatment Planning:* All students will demonstrate proficiency in the strategies for planning and implementing social and clinical interventions.
6. *Personal Growth and Commitment to Good Mental Health:* All students will demonstrate a high level of personal self-awareness, an enhanced understanding of the mechanisms of social

<p>communication, increased awareness of inevitable sources of interpersonal conflict, and become more goal-oriented and strategic in their interactive behavior.</p> <p>7. <i>Working with Special Populations:</i> Through completion of the various concentrations and specialties offered in the program students will demonstrate effective intervention skills with special populations: the bereaved, the chemically dependent, children, etc.</p> <p>8. <i>Critical Thinking and Analytical Skills:</i> All students will demonstrate the full range of competencies in critical thinking and higher order analysis necessary for the Human Services profession.</p> <p>9. <i>Professional Identity and Commitment to Life-Long Learning:</i> Students will be able to articulate their identity as human service professionals and formulate a plan for on-going professional development.</p> <p>10. <i>Ethical Competence:</i> Students will be familiar with the Codes of Ethics of the major professional organizations that regulate the helping professions and demonstrate consistent growth in their ability to comply with these standards.</p>
<p>Course Description: This Course will introduce students to the theory and practice of counseling individuals and families impacted by sexual and domestic violence. The psychological dimensions of rape, battering and other forms of sexual and domestic violence will be explored. Special attention will be given to treatment methods and the various roles of mental health counselors, pastoral counselors and criminal justice counselors in responding to offenders and victims.</p> <p><i>Prerequisites: Introduction to Human Service (HSV 100); Models and Methods (HSV 220). Delivered as an online course.</i></p>
<p>Learning Strategies: <i>A variety of Learning strategies are used throughout this course (Blackboard, Technology, Service Learning, Group Discussions, Team Projects, Collaborative Learning, Lecturing...etc.).</i></p>
<p>Experiential Learning Opportunities: <i>Education in the helping professions of necessity involves learning through experience. Extensive use is made of simulation exercises and role-play as a means of helping students expand their understanding of the human condition, as they will encounter it in this profession.</i></p>

Assessments:		
Major Assignments:	<p>Mid-term & Final Exam</p> <p>Reflection Paper</p> <p>Quizzes & Black Board Assignments</p>	<p>50%</p> <p>25%</p> <p>15%</p>
Class Participation:	<p>Class Participation</p>	<p>10%</p>
Grading Scale:		
100 – 92: A	91 – 90: A-	
89 – 88: B+	87 – 82: B	81 – 80: B-
79 – 78: C+	77 – 72: C	71 – 70: C-
69 – 68: D+	67 – 62: D	61 – 60: D-
59 and below	F	
Course Schedule:		

Class Date	Assignments	Class Discussion/Activities
AUG. 29 – Oct 24TH	Primary Resource: Mari McCaig and Edward S. Kubany. Healing the Trauma of Domestic Violence: A Workbook for Women: New Harbinger Self-Help Workbook New Harbinger Publications; 1 edition (August 15, 2004) ISBN-10: 1572243694 ISBN-13;978-1572243699	PART ONE- DOMESTIC VIOLENCE/FAMILY MALTREATMENT
8/29/18	Introduction and Course Overview	Expectations of Course
9/5/18	Discussion of the, “Ambivalent Sexism Inventory” An Overview of the Text	Open Forum and discussion/Blackboard Assignment
9/12/18	The Cycle of Domestic Violence – Handout Introduction and Chapter One: What is PTSD and DO You Have It?	Open Forum and discussion/Black board Assignment
9/19/18	Chapters 2, 3 & 4 Self-advocacy, anger and negative self-talk	Open Forum and discussion
09/26/18	Chapters 5, 6 & 7: Breaking negative self-talk, stress and dealing with memories	Open Forum and discussion
10/03/18	Chapters 8, 9 & 10: learned helplessness and guilt	Exercise in class Reflection Paper Due
10/10/18	Chapters 11, 12 & 13 Challenging the “supposed to’s” and becoming more assertive.	Quiz/Midterm
10/17/18	Chapters 14, 15 & 16 dealing with grief, identifying potential abusers Chapter 16 repeats the self-advocacy assessment done in Ch. 2. We will not do that but it is important to recognize that a goal of treatment is to strengthen one’s ability to be a strong self-advocate.	Assignment on Black board
10/24/18	Domestic Violence Indicators/ Violence on College Campus/ Guest Speaker.	Open Forum and discussion

10/31/18 PART II: Oct 31- Dec. 5: SEXUAL VIOLENCE	Primary Resource: Patricia A. Resick and Monica Schnicke. Cognitive Processing Therapy for Rape Victims: A Treatment Manual (1 st . ed). SAGE ISBN-13:978-0803949027 Introduction: Information Processing Theory and Relevant Treatments Diagnosis and Assessment	RAPE AND ITS AFTERMATH
11/07/18	Introduction and Education Phase The Meaning of the Event Identification of Thoughts and Feelings Remembering the Rape	Open forum & discussion
11/14/18	Identification of Stuck Points Challenging Questions Faulty Thinking Patterns	Presentations Due Open forum & discussion
11/21-25/18	Thanksgiving Recess	No Class
11/28/18	Safety Issues Trust Issues Power and Control Issues Esteem Issues Intimacy Issues and Meaning of the Event	Presentations Due Open forum & discussion
12/05/18	Client Characteristics That May Affect Treatment Therapist Consideration Results of CPT Alcohol and Sexual Assault	Open forum & discussion
12/12/18	Final Exam	Class End

I reserve the right to change this schedule to meet the needs of the class.

Responsibilities	
Attending Class	You cannot succeed in this class if you do not attend. We believe that intellectual growth and success in higher education occur through interaction in the classroom and laboratories. However, we do not want to penalize students for participating in college-sponsored events. When you miss class because of a college event, you must give notice of your absence in advance, and you are responsible for all missed work. Being absent does not excuse you from doing class work; you have more responsibilities to keep up and meet the objectives of this course.

	<p>Students who “miss three or more classes” in a semester will be asked to withdraw or receive an (F/W).</p> <p>Absences for which a medical or court excuse is provided (professional letterhead required) will be recorded but not figured in the attendance grade. Likewise, <i>one</i> absence for which <i>advance</i> notice is provided by phone or in person will not be figured in the attendance grade. <i>Any significant tardy or early departure from class will be figured as a half absence.</i></p>
Turning In Your Work	You cannot succeed in this class if you do not turn in all your work on the day it is due. If assignments are turned in late, 10% will be deducted each day. If the assignment is not turned in by the 3 rd day it will not be accepted. Extenuating Circumstances should be discussed with the instructor in advance of the deadline date.
CCSJ Student Honor Code	<p>This course asks students to reaffirm the CCSJ Student Honor Code:</p> <p>I, as a student member of the Calumet College academic community, in accordance with the college's mission and in a spirit of mutual respect, pledge to:</p> <ul style="list-style-type: none"> • Continuously embrace honesty and curiosity in the pursuit of my educational goals; • Avoid all behaviors that could impede or distract from the academic progress of myself or other members of my community; • Do my own work with integrity at all times, in accordance with syllabi, and without giving or receiving inappropriate aid; • Do my utmost to act with commitment, inside and outside of class, to the goals and mission of Calumet College of St. Joseph.
Using Electronic Devices	<p>Electronic devices can only be used for work (on-call) purposes. If you are using your electronic device, that do not pertain to course related work, please refrain from using the device.</p> <p>NO TEXTING DURING CLASS SESSION</p> <p>If you text or access the Internet for other purposes, you may be asked to leave, in which case you will be marked absent.</p>
Participating in Class	Participation is a must. Please come to class prepared to be an active learner. Know what you need from me and each other to achieve our desired outcomes; understanding the profession better and your potential role.
Doing Your Own Work	If you turn in work that is not your own, you are subject to judicial review, and these procedures can be found in the College Catalog and the Student Planner. The maximum penalty for any form of academic dishonesty is dismissal from the College.

	<p>Using standard citation guidelines, such as MLA or APA format, to document sources avoids plagiarism. The Library has reference copies of each of these manuals, and there are brief checklists in your Student Handbook and Planner.</p> <p>PLEASE NOTE: All papers may be electronically checked for plagiarism.</p>
Tracking Your Progress	Your assignments will be available on My CCSJ, weekly. Be sure to see how you are doing and follow up with your instructor. Please follow up with your assignments on a weekly basis or contact the instructor for any reason via email.
Sharing Your Class Experience	At the end of the term, you will have the opportunity to evaluate your classroom experience. These confidential surveys are <i>essential</i> to our ongoing efforts to ensure that you have a great experience that leaves you well prepared for your future. Take the time to complete your course evaluations – we value your feedback!
Withdrawing from Class	After the last day established for class changes has passed (see the College calendar), you may withdraw from a course by following the policy outlined in the CCSJ Course Catalog.

Resources	
Student Success Center:	The Student Success Center provides faculty tutors at all levels to help you master specific subjects and develop effective learning skills. It is open to all students at no charge. You can contact the Student Success Center at 219 473-4287 or stop by the Library.
Disability Services:	Disability Services strives to meet the needs of all students by providing academic services in accordance with Americans with Disabilities Act (ADA) guidelines. If you believe that you need a “reasonable accommodation” because of a disability, contact the Disability Services Coordinator at 219-473-4349.
Student Assistance Program	This free and confidential counseling service is available on-campus to help you deal with personal issues. The counseling office is in Room 301. You can reach them at 219 473-4362 (on campus) or 219-736-4067.
CCSJ Alerts:	Calumet College of St. Joseph’s emergency communications system will tell you about emergencies, weather-related closings, or other incidents via text, email, or voice messages. Please sign up for this important service annually on the College’s website at: http://www.ccsj.edu/alerts/index.html .
CCSJ Book Rental Program	The CCSJ Book Program ensures that everyone has the right course materials on the first day of class to be successful. You pay a book rental fee each semester, and in return, receive all the

	<p>materials for all your classes prior to the beginning of classes. At the end of the semester, simply return the books. For traditional students, the Book Rental Program is conveniently located in the library, where students can pick up and return their books. For students in accelerated programs and graduate programs, books will be delivered to their homes and they can return them by mail. For more information, see http://www.ccsj.edu/bookstore. All books must be returned at the end of the semester or you will incur additional fees, which will be charged to your student account.</p>
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