
Calumet College



of Saint Joseph

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Calumet College of St. Joseph is a Catholic institution of higher learning dedicated to the academic, spiritual and ethical development of undergraduate and graduate students. Informed by the values of its founding religious community, the Missionaries of the Precious Blood (C.P.P.S.), the College promotes the inherent dignity of all people, social justice, an ethic of service, student empowerment, opportunity, and lifelong learning.

COURSE SYLLABUS, Fall 2018

HSV 420 Group Dynamics

Instructor Information:

Instructor Name	Elizabeth Guzman-Arredondo
Office Number:	517
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Email:	eguzman@ccsj.edu
Office Hours:	Monday – Thursday 1PM to 4PM before and after class. Morning and Friday by appointment.

Instructor Background: I am an Assistant Professor and Program Director of the Human Services Program. Prior to this appointment, I was an adjunct faculty member for 25 years. In 1991, I earned a Master of Social Work degree from Loyola University –Chicago and in 1986 earned a Bachelor of Arts in Sociology from Calumet College of St. Joseph. My Social Work experience includes practice with children, adults and families, in a variety of settings that include In-patient psychiatric and behavioral health, residential and group home settings, healthcare settings; inpatient and outpatient settings, medical surgical units, oncology, physical rehabilitation, and a bone marrow transplant unit, maternal and child health in an in-patient hospital setting and a clinic in a local high school. My experience also includes, grant writing and managing grant funds, program management, staff management, policy writing and program design. Child Welfare, advocacy, and the effects of childhood trauma are important to me. I am an active member and presenter of the planning committee for the Child Abuse and Neglect Prevention Forum now in its 26th year. I worked collaboratively with others to develop a mentoring curriculum for those working with at-risk youth and provided training for the Center for Mentors of the Legacy Foundation. In 2015, I completed training to become a Court Appointed Special Advocate (CASA). I take on ward ship cases for the Lake County Juvenile Court as an advocate for children that have experienced abuse and neglect.

Course Information:

Course Time:	Thursday 7:45PM- 9:45
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Classroom:	208
Prerequisites:	HSV 100 and HSV 220
Required Books and Materials:	Social Work with Groups Comprehensive Practice and Self-Care by Charles Zastrow and Sarah L. Hessenauer 10 th Ed. Cengage; ISBN 9781337567916
<p>Learning Outcomes/ Competencies: Students in this course will:</p> <ul style="list-style-type: none"> • Develop a working knowledge of the various types of groups, the stages of the evolution of a group and the range of skills group leaders need to be able to facilitate group work. • Gain and use knowledge of the types and stages of groups to identify what is happening in a group and recognize and use the skills needed to facilitate group process. • Demonstrate an accurate understanding of the foundations of group work. • Demonstrate the ability to increase self-awareness with regard to the challenges of facilitating a group. • Demonstrate the ability to function appropriately both as group members and group leaders at each stage of a groups life-cycle. <p>The following General Education Skills will be reinforced:</p> <ul style="list-style-type: none"> • Students will watch group demonstration videos, assess and analyze the group dynamic. • Students will formulate their ideas in writing using valid logic, correct grammar and punctuation in the development of a group proposal. • Students will be able to deliver an oral presentation of their carefully crafted group proposal using a clear central idea that is logical, supported by convincing evidence and valid reasoning, and expressed using language and delivery choices thoughtfully adapted to the audience. • Students will be able to apply ethical standards in the development and facilitation of a group. <p>This course will assist with exploring the following program objectives:</p> <ol style="list-style-type: none"> 1. <i>Origins and Theoretical Orientations of the Helping Professions:</i> All students will be able to explain the origins of the human service profession, the value base of the profession and discuss issues that will affect its growth. 2. <i>Theories, Techniques of Human Service Social, and Clinical Interventions:</i> All students will be able to identify and critically evaluate the major theories and techniques of social and clinical intervention and their relevance to the helping profession. 3. <i>Basic Communication and Technology Literacy:</i> All students will demonstrate competencies in literacy and technical writing, methods of research and measurement, and computer literacy. 4. <i>Knowledge of and Respect for Cultural Diversity:</i> All students will demonstrate cultural sensitivity and multi-cultural awareness. 5. <i>The Twelve Core Functions of a Counselor/The Eight Counseling Skill Groups:</i> Counseling students will demonstrate proficiency in the Twelve Core Functions of a Counselor and the Eight Counseling Skills Groups. 6. <i>Treatment Planning:</i> All students will demonstrate proficiency in the strategies for planning and implementing social and clinical interventions. 	

7. *Personal Growth and Commitment to Good Mental Health:* All students will demonstrate a high level of personal self-awareness, an enhanced understanding of the mechanisms of social communication, increased awareness of inevitable sources of interpersonal conflict, and become more goal-oriented and strategic in their interactive behavior.
8. *Working with Special Populations:* Through completion of the various concentrations and specialties offered in the program students will demonstrate effective intervention skills with special populations: the bereaved, the chemically dependent, children, etc.
9. *Critical Thinking and Analytical Skills:* All students will demonstrate the full range of competencies in critical thinking and higher order analysis necessary for the Human Services profession.
10. *Professional Identity and Commitment to Life-Long Learning:* Students will be able to articulate their identity as human service professionals and formulate a plan for on-going professional development.
11. *Ethical Competence:* Students will be familiar with the Codes of Ethics of the major professional organizations that regulate the helping professions and demonstrate consistent growth in their ability to comply with these standards.

Course Description:

This course will introduce students to: 1) the various theories of group counseling; 2) the stages of group development; 3) group dynamics; and 4) the various types of groups and the leadership roles they require. Delivered as a hybrid course.

Learning Strategies:

- Lecture, discussion, video, and group projects

Experiential Learning Opportunities:

Students will explore a cause that leads to assessment and development of group proposal as a means to address a symptom of the cause.

Assessments:		
Major Assignments:	In-class simulations 10 pts. each 13 Bb assignments 10 pts. each 13 Quizzes 15 pts. each 1 Final -Written Group Proposal Written 100 pts. 1 Oral Presentation. 100 points	
Assessments:	In-class simulations Bb assignments Quizzes Final Group Proposal Written & Oral Presentation.	
Class Participation:	5 points can be earned for being on time and attending every class	
Grading Scale:		
100% – 92%: A	91% – 90%: A-	
89% – 88%: B+	87% – 82%: B	81% – 80%: B-
79% – 78%: C+	77% – 72%: C	71% – 70%: C-
69% – 68%: D+	67% – 62%: D	61% – 60%: D-
59% and below:	F	

Course Schedule:

Class Date	Assignments	Class Discussion/Activities
8-30	Introduction to Group Work Course overview Syllabus Review and Student Expectations	
9-6	Read Ch. 1 Group Types and Stages of Development.	Review and Discussion of Ch. 1
9-13	Read Ch. 2 Social Group Work and Social Work Practice Complete BB Quiz and DB	Review and Discussion of Ch. 2
9-20	Read Ch. 3 Group Dynamics Leadership Complete BB Quiz and DB	Review and Discussion of Ch. 3
9-27	Read Ch. 4 Group Dynamics: Goals and Norms Complete BB Quiz and DB	Review and Discussion of Ch. 4
10-4	Read Ch. 5 Verbal and Nonverbal Communication Complete BB Quiz and DB	Review and Discussion of Ch. 5
10-11	Read Ch. 6 Task Groups Complete BB Quiz and DB	Review and Discussion of Ch. 6 Group Topic Proposal DUE today.
10-18	Read Ch. 7 Working with Diverse Groups Complete BB Quiz and DB	Review and Discussion of Ch. 7
10-25	Read Ch. 8 Self-Help Groups Complete BB Quiz and DB	Review and Discussion of Ch. 8
11-1	Read Ch. 9 Social Work with Families Complete BB Quiz and DB	Review and Discussion of Ch. 9
11-8	Read Ch. 10 Organizations, Communities and Groups Complete BB Quiz and DB	Review and Discussion of Ch. 10
11-15	Read Ch. 11 Groups in Community Settings. Complete BB Quiz and DB	Review and Discussion of Ch. 11
11-29	Read Ch. 12 Treatment Groups Complete BB Quiz and DB	Oral Group Presentation
12-6	Read Ch. 13 Treatment Groups with Diverse and Vulnerable Populations and Ch. 14 Termination and Evaluation of a Group	Oral Group Presentation

12-13		FINAL Written Group Proposal is Due via Bb.
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I reserve the right to change this schedule to meet the needs of the class.

Responsibilities	
Attending Class	You cannot succeed in this class if you do not attend. We believe that intellectual growth and success in higher education occur through interaction in the classroom and laboratories. Being absent doesn't excuse you from doing class work; you have more responsibilities to keep up and meet the objectives of this course.
Turning In Your Work	You cannot succeed in this class if you do not turn in all your work when due.
CCSJ Student Honor Code	<p>This course asks students to reaffirm the CCSJ Student Honor Code:</p> <p>I, as a student member of the Calumet College academic community, in accordance with the college's mission and in a spirit of mutual respect, pledge to:</p> <ul style="list-style-type: none"> • Continuously embrace honesty and curiosity in the pursuit of my educational goals; • Avoid all behaviors that could impede or distract from the academic progress of myself or other members of my community; • Do my own work with integrity at all times, in accordance with syllabi, and without giving or receiving inappropriate aid; • Do my utmost to act with commitment, inside and outside of class, to the goals and mission of Calumet College of St. Joseph.
Using Electronic Devices	Electronic devices can only be used in class for course-related purposes. If you text or access the Internet for other purposes, you may be asked to leave, in which case you will be marked absent.
Participating in Class	You must be on time, stay for the whole class and speak up in a way that shows you have done the assigned reading. If you are not prepared for class, you may be asked to leave, in which case you will be marked absent.
Doing Your Own Work	<p>If you turn in work that is not your own, you will be subject to judicial review by the Faculty-Student Grievance Committee. These procedures can be found in the Student Planner. The maximum penalty for any form of academic dishonesty is dismissal from the College.</p> <p>Using standard citation guidelines to document sources avoids plagiarism. You'll find guides to the major citation methods at the CCSJ Specker Library Web page at http://www.ccsj.edu/library/subjectsplus/subjects/guide.php?subject=cite</p> <p>PLEASE NOTE: All papers may be electronically checked for plagiarism.</p>
Sharing Your Class Experience	At the end of the term, you will have the opportunity to evaluate your classroom experience. These confidential surveys are essential to our ongoing efforts to ensure that you have a great experience that leaves you well prepared for your future. Take the time to complete your course evaluations – we value your feedback!

Withdrawing from Class	After the last day established for class changes has passed (see the College calendar in the CCSJ Course Catalog), you may withdraw from a course by following the policy outlined in the Course Catalog.
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Resources	
CCSJ Book Rental Program	The CCSJ Book Program ensures that everyone has the right course materials on the first day of class to be successful. You pay a book rental fee each semester, and in return, receive all the materials for all your classes prior to the beginning of classes. At the end of the semester, simply return the books. For traditional students, the Book Rental Program is conveniently located in the library, where students can pick up and return their books. For students in accelerated programs and graduate programs, books will be delivered to their homes and they can return them by mail. For more information, see http://www.ccsj.edu/bookstore . All books must be returned at the end of the semester or you will incur additional fees, which will be charged to your student account.
Student Success Center:	The Student Success Center provides faculty tutors at all levels to help you master specific subjects and develop effective learning skills. It is open to all students at no charge. You can contact the Student Success Center at 219 473-4287 or stop by the Library.
Disability Services:	Disability Services strives to meet the needs of all students by providing academic services in accordance with Americans with Disabilities Act (ADA) guidelines. If you believe that you need a “reasonable accommodation” because of a disability, contact the Disability Services Coordinator at 219-473-4349.
Student Assistance Program	Through a partnership with Crown Counseling , Calumet College of St. Joseph provides a free Student Assistance Program (SAP) to current students. The SAP is a confidential counseling service provided to students for personal and school concerns which may be interfering with academic performance and/or quality of life. The SAP counselor is available on campus once a week and off-site at the Crown Counseling offices in Crown Point or Hammond. For more information, contact Kerry Knowles SAP Counselor , at 219-663-6353 (office), 219-413-3702 (cell), or kerryk@crowncounseling.org .
CCSJ Alerts:	Calumet College of St. Joseph’s emergency communications system will tell you about emergencies, weather-related closings, or other incidents via text, email, or voice messages. Please sign up for this important service annually on the College’s website at: http://www.ccsj.edu/alerts/index.html .

