

Calumet College



of Saint Joseph

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Calumet College of St. Joseph is a Catholic institution of higher learning dedicated to the academic, spiritual and ethical development of undergraduate and graduate students. Informed by the values of its founding religious community, the Missionaries of the Precious Blood (C.P.P.S.), the College promotes the inherent dignity of all people, social justice, an ethic of service, student empowerment, opportunity, and lifelong learning.

COURSE SYLLABUS Spring 2019

Course: PSY543L Biological Bases of Behavior

Instructor Information:

Instructor Name	Jennifer Vickers
Office Number:	
Phone Number:	219-669-9382
Email:	jvickers@ccsj.edu
Office Hours:	Scheduled
Instructor Background:	Ph. D. Candidate/LCAC/ICAADA

Course Information:

Course Time:	Thursdays 6:00pm to 10:00pm
Classroom:	Room TBA
Required Books and Materials:	Neurobiology Essentials for Clinicians. What Every Therapist needs to know. Montgomery, Arlene. 2013: W.W. Norton & Company, Inc., New York. ISBN-978-0-393-70602-4
This course meets the following learning objectives for the Master of Arts in Psychology Program.	
Course Description: This course examines the structural and functional relationship between the central nervous system, physiology, sensory processes, and human behavior. This course is divided into two components: 1) physiological psychology; and 2) evolution, genetics, and behavior. Students will become familiar with the biological bases of memory and the biological/genetic characteristics of psychiatric disorders.	
Learning Strategies:	
<ul style="list-style-type: none">• Via Lecture, Readings, Articles, Individual Paper, Video among other.	

Assessments:		
Major Assignments:	Individual Paper Case Conceptualization Project	100 points – see rubric 60 points – see rubric
Assessments:	Test #1 (Chapters 1-5) Test #2 (Chapters 6-8)	100 points 75 points
Readings/Assignments:	Each week you will be responsible for reading the chapter (s) and/or assigned material Teenage Brain Defense Mechanisms WKST Practice Case Conceptualization	 15 points 15 points 20 points—discuss in class
Total		365 points
Grading Scale:		
100% – 92%: A	91% – 90%: A-	
89% – 88%: B+	87% – 82%: B	81% – 80%: B-
79% – 78%: C+	77% – 72%: C	71% – 70%: C-
69% – 68%: D+	67% – 62%: D	61% – 60%: D-
59% and below:	F	

Course Schedule:

- 1) **Thursday, January 10, 2019 – Introductions/Class Expectations/Review Syllabus/Chapter One Review/Teenage Brain assigned and worked on in class**
- 2) **Thursday, January 17, 2019 – Chapter Two and Three Review; Defense Mechanisms WKST assigned; Teenage Brain assignment due**
- 3) **Thursday, January 24, 2019 – Chapter Four and Five Review; Defense Mechanisms WKST due**
- 4) **Thursday, January 31, 2019 – Test #1 (chapters 1-5); Chapter Six Review; Practice Case Conceptualization assigned and discussed**
- 5) **Thursday, February 7, 2019 – Test #1 Review; Chapter Seven Review; Practice Case Conceptualization due; Case Conceptualization assigned and discussed**
- 6) **Thursday, February 14, 2019 – Chapter Eight Review, Case Conceptualization due**
- 7) **Thursday, February 21, 2019 – Test #2 (chapters 6-8); exercises**
- 8) **Thursday, February 28, 2019 – Individual Paper Due; Review Test #2; last class – case conceptualization exercises**

Assignment Rubrics

All Rubrics will be given out to student's week #2 of class.

Case Conceptualization Rubric (and Practice)

Student Name: _____

Student Score: _____

Biological Bases of Behavior Case Conceptualization Requirements/Rubric

The case conceptualization should consist of a mental health problem/disorder, substance problem/disorder or dual diagnosis. Please choose an area you are interested in at this time. Also, relate conceptualization to class handout.

The following need included:

- A) How long has individual had the problem/disorder? Set the stage for your client. - 5 pts _____/5____
 - B) Current medications if any? How long, changes, etc? - 5 pts _____/5____
 - C) Biological/Psychopharmacology - utilize one of the chapters from your book to incorporate into your conceptualization (medication processes, history, behaviorism, biological/genetics among other) (One must include biological processes)? - 15 pts _____/15____
 - D) Current treatment regimen/ CBT, Motivational Interviewing, Adlerian, Narrative, etc. - 10 pts _____/10____
 - E) Choose a famous person with similar issues. Then, discuss the person, problem and progression or lack thereof during their journey. - 10 pts _____/10____
 - F) Written case summary to be handed into the instructor the day it is due in the syllabus. Should be about 4 to 5 pages - 15 pts _____/15____
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Individual Paper Rubric

Each student will complete a 5-page research paper on one biological aspect of behavior and the brain. You can choose a disorder to relate to as well. The following will need included in the paper:

- A) Biological Nature/History discussed – 10 pts _____/20____
- B) What happens in the brain related to the biology? – 25pts _____/30____
- C) Utilization of two scholarly journal articles – 10pts _____ 10____
- D) Grammar, Content – APA formatting, 12-point font, double space – 40 pts _____/40____

Responsibilities	
Attending Class	You cannot succeed in this class if you do not attend. We believe that intellectual growth and success in higher education occur through interaction in the classroom and laboratories. Being absent doesn't excuse you from doing class work; you have more responsibilities to keep up and meet the objectives of this course.
Turning in Your Work	You cannot succeed in this class if you do not turn in all your work when due. *Late work is not accepted*
CCSJ Student Honor Code	This course asks students to reaffirm the CCSJ Student Honor Code: I, as a student member of the Calumet College academic community, in accordance with the college's mission and in a spirit of mutual respect, pledge to: <ul style="list-style-type: none"> • Continuously embrace honesty and curiosity in the pursuit of my educational goals; • Avoid all behaviors that could impede or distract from the academic progress of myself or other members of my community; • Do my own work with integrity at all times, in accordance with syllabi, and without giving or receiving inappropriate aid; • Do my utmost to act with commitment, inside and outside of class, to the goals and mission of Calumet College of St. Joseph.
Using Electronic Devices	Electronic devices can only be used in class for course-related purposes. If you text or access the Internet for other purposes, you may be asked to leave, in which case you will be marked absent.
Participating in Class	You must be on time, stay for the whole class and speak up in a way that shows you have done the assigned reading. If you are not prepared for class, you may be asked to leave, in which case you will be marked absent.
Doing Your Own Work	If you turn in work that is not your own, you will be subject to judicial review by the Faculty-Student Grievance Committee. These procedures can be found in the Student Planner. The maximum penalty for any form of academic dishonesty is dismissal from the College. Using standard citation guidelines to document sources avoids plagiarism. You'll find guides to the major citation methods at the CCSJ Specker Library Web page at http://www.ccsj.edu/library/subjectsplus/subjects/guide.php?subject=cite PLEASE NOTE: All papers may be electronically checked for plagiarism.
Sharing Your Class Experience	At the end of the term, you will have the opportunity to evaluate your classroom experience. These confidential surveys are essential to our ongoing efforts to ensure that you have a great experience that leaves you well prepared for your future. Take the time to complete your course evaluations – we value your feedback!
Withdrawing from Class	After the last day established for class changes has passed (see the College calendar in the CCSJ Course Catalog), you may withdraw from a course by following the policy outlined in the Course Catalog.

Resources	
CCSJ Book Rental Program	The CCSJ Book Program ensures that everyone has the right course materials on the first day of class to be successful. You pay a book rental fee each semester, and in return, receive all the materials for all your classes prior to the beginning of classes. At the end of the semester, simply return the books. For traditional students, the Book Rental Program is conveniently located in the library, where students can pick up and return their books. For students in accelerated programs and graduate programs, books will be delivered to their homes and they can return them by mail. For more information, see http://www.ccsj.edu/bookstore . All books must be returned at the end of the semester or you will incur additional fees, which will be charged to your student account.
Student Success Center:	The Student Success Center provides faculty tutors at all levels to help you master specific subjects and develop effective learning skills. It is open to all students at no charge. You can contact the Student Success Center at 219 473-4287 or stop by the Library.
Disability Services:	Disability Services strives to meet the needs of all students by providing academic services in accordance with Americans with Disabilities Act (ADA) guidelines. If you believe that you need a “reasonable accommodation” because of a disability, contact the Disability Services Coordinator at 219-473-4349.
Student Assistance Program	Through a partnership with Crown Counseling , Calumet College of St. Joseph provides a free Student Assistance Program (SAP) to current students. The SAP is a confidential counseling service provided to students for personal and school concerns which may be interfering with academic performance and/or quality of life. The SAP counselor is available on campus once a week and off-site at the Crown Counseling offices in Crown Point or Hammond. For more information, contact Kerry Knowles SAP Counselor , at 219-663-6353 (office), 219-413-3702 (cell), or kerryk@crowncounseling.org .
CCSJ Alerts:	Calumet College of St. Joseph’s emergency communications system will tell you about emergencies, weather-related closings, or other incidents via text, email, or voice messages. Please sign up for this important service annually on the College’s website at: http://www.ccsj.edu/alerts/index.html .

I reserve the right to change this schedule to meet the needs of the class